



New York Arm Wrestling® Championships and Official Teams of New York Arm Wrestling®

No Residency Requirements and outside of New York State Teams are Welcome to Compete in every event.

Points determine winning team - 7 Points First Place - 3 Points Second Place - 1 Point Third Place.

Championships and Teams

NYC Big Apple Grapple International (NYC Premiere International Armwrestling Event)



Empire State Golden Arm Tournament of Champions (Official New York State Armwrestling Championships) and Finale of the New York Golden Arm Series – Open No Residency Requirements

New York Golden Arm Series Championships Teams

Queensboro - Queens, NY	Queens Arm Wrestling Team
'Bronxboro' - Bronx, NY	Bronx Arm Wrestling Team
Staten Island - Staten Island, NY	Staten Island Arm Wrestling Team
'Kingsboro' - Brooklyn, NY	Brooklyn Arm Wrestling Team
'Manhattanboro' Manhattan, NY	Manhattan Arm Wrestling Team
Long Island Long Island NY	Long Island Arm Wrestling Team
*Team Upstate, NY Upstate, NY	Upstate NY Arm Wrestling Team
(*Team Upstate NY - Anyone who lives outside of the 5 NYC Boroughs and Long Island)*	

Sponsorship Opportunities

***NY Golden Arm Series (5 Boroughs, Long Island and Upstate, NY)
 Empire State Golden Arm Tournament of Champions (Official New York State Arm Wrestling Championships)
 NYC Big Apple Grapple International and Crowning of the KING and QUEEN of ARMS**

Information

Call – Gene Camp 718-544-4592 or

Email nyawa@aol.com Website: www.nycarms.com